



The quality of what is often referred to as the Western diet, has dramatically declined in recent years. It is likely that we are no longer getting the right balance of macronutrients (protein, fat and carbohydrate), micronutrients (vitamins and minerals), nor the fibre, phytonutrients and antioxidants our bodies need everyday to maintain and promote health. For example, although we are getting more than enough protein in our diets, we are getting it from animal and dairy products which are laden with fat and cholesterol. Studies have shown that poor diet is strongly associated with poor health. Along with a sedentary lifestyle, this may have played a role in leading to the high incidence of malnutrition, weight gain and chronic diseases.

### Support a Healthy Lifestyle with Wholesome, Balanced Nutrition

- Protein is a key component of every cell in our body and essential for cellular nutrition and energy. Studies show that higher protein diets help suppress hunger, increase satiety and burn fat, thereby promoting weight loss and making it easier to stay on a weight loss programme.
- Wholesome, balanced nutrition and an active lifestyle can also support weight management success.
- Getting all of our essential vitamins and minerals is vital for the proper functioning of our immune and nervous systems, and keeping us healthy and radiant. The right balance of macronutrients and micronutrients will keep your body functioning optimally.

### GNLD's Solution: NeoLifeShake For Daily Nutrition & Weight Management

- **Wholesome, complete nutrition.** An ideal protein shake for daily nutrition or weight management. Enjoy NeoLifeShake and Pro Vitality+ in the morning for a nutritious and delicious breakfast that provides quick and lasting energy and optimal cellular nutrition
- Based on our clinically proven **GR<sup>2</sup> (Glycaemic Response) Control Technology** to help minimise fat storage and promote fat burning\*
- **Rich source of protein** with 18 g per serving
- **Proprietary Protein Blend** – Scientifically advanced protein blend from soya, milk, caseinates and whey for superior amino acid profile, with a PDCAAS of 1.73
- **Biologically complete** with all 22 amino acids including the essential ones
- Includes branched chain amino acid **leucine to promote lean muscle retention**
- **Rich source of fibre** with 5 g per serving
- **Proprietary Fibre Blend** from whole food sources to contribute to a satisfying feeling of fullness
- **Formulated with “glycaemic edge” carbohydrates** that provide lasting energy and encourage your body to stay in fat-burning mode
- **Two delicious flavours:** Creamy Vanilla & Berries n' Cream
- **Only 663 kilojoules**
- **No artificial colours, sweeteners or preservatives added**



Berries n' Cream  
#2913, 16 Servings

Creamy Vanilla  
#2912, 16 Servings



Diets low in saturated fats and cholesterol that include 25 grams of soya protein a day may reduce the risk of heart disease. One serving of NeoLifeShake provides 13 grams of soya protein.

\* This product is not intended to diagnose, treat, cure or prevent any disease.

### NeoLife Exclusives

- **Protogard Process** – protects amino acids, maximises nutritional value
- **Multi Enzyme Blend** – plant derived enzymes improve digestibility
- **Neo-Plex Concentrate** – whole food antioxidants including vitamin C and citrus bioflavonoids
- **Choline & Inositol** – lipotropic factors to support fat utilisation and resist fat buildup – plant derived enzymes improve digestibility
- **Metabolically balanced** – ideal protein, carbohydrate, and fat ratio
- **Essential Vitamins & Minerals**
- **Convenient and versatile** – mixes easily in water or milk

### Use NeoLifeShake Worry-Free:

- No Artificial Sweeteners
- No High Fructose Corn Syrup
- No Artificial Colours
- No Preservatives
- No Genetically Modified (GMO) Ingredients
- No Gluten Contributing Ingredients
- No Cholesterol
- No Saturated Fats
- No Hydrogenated Fats/Trans Fats
- 90% Lactose Free

Nutrition Information			
Servings Per Container: 16			
	Per 47 g Serving	Per 100 g Serving	% NRV per Serving*
Energy	663 kJ	1410 kJ	
Protein	18 g	38 g	32
Carbohydrate	23 g	49 g	
Total Fat	1,5 g	3 g	
Dietary Fibre	5 g	11 g	
Sodium	260 mg	553 mg	
Potassium	292 mg	621 mg	
Vitamin A	1250 i.u. (375 µg RE)		42
Vitamin D <sub>3</sub>	140 i.u. (3,5 µg)		23
Vitamin E	10,5 i.u. (7 mg αTE)		47
Vitamin C	21 mg		21
Vitamin B <sub>1</sub>	0,525 mg		44
Vitamin B <sub>2</sub>	0,595 mg		46
Niacinamide	7 mg		44
Vitamin B <sub>6</sub>	0,7 mg		41
Folic Acid	140 µg		35
Vitamin B <sub>12</sub>	2,1 µg		88
Biotin	105 µg		350
Pantothenic Acid	3,5 mg		70
Calcium	330 mg		25
Phosphorous	350 mg		28
Iron	6,3 mg		35
Magnesium	142 mg		34
Zinc	5,3 mg		48
Iodine	53 µg		35
Copper	0,7 mg		78
Chromium	42 µg		120
Manganese	0,7 mg		30
Selenium	24,5 µg		45
Molybdenum	26 µg		58
Choline	10 mg		**
Inositol	10 mg		
Neo-Plex Concentrate	25 mg		

\*% NRV for individuals 4 years and older  
 \*\* Less than 5% of NRV

**INGREDIENTS:** Soya protein isolate, fructose, non-fat dry milk, soya fibre, oat fibre, whey protein isolate, calcium sodium caseinate, maltodextrin fibre, flavouring, guar gum, soya lecithin, dicalcium phosphate, potassium chloride, safflower oil, magnesium oxide, sodium chloride, vitamin E (d-alpha tocopherol and mixed tocopherols), **Neo-Plex Concentrate** (orange juice powder, vitamin C, orange peel powder, citrus bioflavonoid), choline bitartrate, vitamin C, ferrous fumarate, inositol, niacinamide, zinc oxide, calcium pantothenate, vitamin A palmitate, manganese sulfate, cupric sulfate, vitamin D<sub>3</sub>, bromelain, papain, malt diastase, vitamin B<sub>6</sub> (pyridoxine hydrochloride), vitamin B<sub>12</sub> (cyanocobalamin), riboflavin, thiamin hydrochloride, chromium chloride, folic acid, biotin, potassium iodide, sodium selenite and molybdenum trioxide. No artificial sweeteners, colours or preservatives added.



GNLD Scientific Advisory Board



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